Behavioral Health Technician

Behavioral Health Technicians (BHT) care for people who have mental impairments. They assist doctors and nurses with the treatment of patients who have various behavioral problems, such as substance abuse, post-traumatic stress disorder, mental instability and physical and emotional abuse or trauma. Technicians typically provide therapeutic care and monitor their patients’ conditions. BHTs help patients in their daily activities and ensure a safe, clean environment. They are expected to understand and implement individual treatment plans, record patient behavior and provide a safe, supportive environment. Technicians may provide patients with their daily prescribed medications in addition to observing and recording activities of daily living. It is important to understand the need for mental health and substance abuse professionals in today’s healthcare landscape.

REQUIREMENTS

- High school diploma or equivalency - PREFERRED
- Prior experience in the field of healthcare or behavioral health related services—PREFERRED

COURSE LEARNING OUTCOMES

Behavioral Health Technicians must be able to demonstrate a learned knowledge, skills, and abilities as indicated through a variety of written and performance exams at the completion of the course. The 48 hours of content specific training is held in the evening to accommodate student workers. This specialized training will take place in Schenectady at Center City.

Upcoming Classes:

- **Schenectady Location:**
  - **Center City** 433A State Street, 2nd floor Rear, Schenectady, NY
  - **Date:** TBD
  - **Times:** 6:00 PM-9:00 PM Tuesday & Thursday
  - **Cost:** $1,150 (includes textbooks, NHA test fees, and CDTA bus transportation) or FREE* to those who meet the HPOG grant requirements.

*(All eligible participants must go through an intake process. The grant is part of a national study and applicants will be selected by lottery. Not all eligible applicants will be selected to participate in this opportunity.)*

Contact us to learn more about this opportunity

**HPOG@sunysccc.edu**

www.sunysccc.edu/wfdce

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