

# Behavioral Health Technician



Behavioral Health Technicians (BHT) care for people who have mental impairments. They assist doctors and nurses with the treatment of patients who have various behavioral problems, such as substance abuse, post-traumatic stress disorder, mental instability and physical and emotional abuse or trauma. Technicians typically provide therapeutic care and monitor their patients' conditions. BHTs help patients in their daily activities and ensure a safe, clean environment. They are expected to understand and implement individual treatment plans, record patient behavior and provide a safe, supportive environment. Technicians may provide patients with their daily prescribed medications in addition to observing and recording activities of daily living. It is important to understand the need for mental health and substance abuse professionals in today's healthcare landscape.

## REQUIREMENTS

High school diploma or equivalency

Prior experience in the field of healthcare or behavioral health related services—PREFERRED

## COURSE LEARNING OUTCOMES

Behavioral Health Technicians must be able to demonstrate a learned knowledge, skills, and abilities as indicated through a variety of written and performance exams at the completion of the course. The 54 hours of content specific training is held in the evening to accommodate student workers.

### IN PERSON CLASS & LAB

**Dates:** Current class schedule can be found on our website at [www.sunysccc.edu/wfdce](http://www.sunysccc.edu/wfdce) under healthcare trainings

**Times:**  
5:30 PM-8:30 PM  
Tuesday & Thursday

**Location:**  
Center City

Students will be required to follow all COVID-19 protocols in place when the class is in session according to SUNY Schenectady guidelines.

–  
**Cost:**  
\$1,200 (includes tuition, and classroom materials)

Please note that SUNY Schenectady has some laptop computers available for loan for registered students.

**SUNY SCHENECTADY**  
COUNTY COMMUNITY COLLEGE

WORKFORCE DEVELOPMENT AND  
COMMUNITY EDUCATION

Contact us to learn more about this opportunity  
[healthcare@sunysccc.edu](mailto:healthcare@sunysccc.edu)

Or visit our website: <https://sunysccc.edu/wfdce>