SUNY SCHENECTADY

MANY VOICES, ONE CALL

Student Well-being
Employee Well-being
Institutional Well-being

Institute Week Schedule
January 8-12, 2024

Institute Week
Monday, January 8 – Friday, January 12, 2024

Monday, January 8

8:30 - 9:30 a.m.	College-wide Breakfast	Royals Dining Area
9:30 - 10:30 a.m.	Welcome and New Staff Introductions	Carl B. Taylor Auditorium
10:45 a.m. - 4:00 p.m.	Community of Care Symposium: Cultivating a Culture of Intentional Inclusivity	Carl B. Taylor Auditorium

Tuesday, January 9

9:30 - 10:25 a.m.	**Institutional Well-being** Middle States Update and Co-Chair Report	Stockade 101
10:30 - 11:30 a.m.	Welcome to Well-being	Lally Mohawk Room
11:35 a.m. - 12:30 p.m.	**Institutional Well-being** Career Creative	Elston 222
11:35 a.m. - 12:30 p.m.	Using Watermark for Middle States and Program Review	Elston 130
12:30 - 2:00 p.m.	College-Wide Lunch	Van Curler Room
2:00 - 2:55 p.m.	**Student Well-being** Opportunity Programs on Campus: How Do We Support Our Students?	Stockade 101
3:00 - 4:00 p.m.	**Employee Well-being** Health Literacy: Understanding the Complexities of the Healthcare System	Stockade 101
4:30 - 6:30 p.m.	Adjunct Orientation	Microsoft Teams

Wednesday, January 10

9:00 - 9:55 a.m.	**Employee Well-being** An Intro to Mindfulness	Stockade 101
10:00 - 10:55 a.m.	**Student Well-being** How to Know When Something is Off	Stockade 101
11:00 - 11:55 a.m.	**Institutional Well-being** Retention Project: Leveraging Academic and Non-Academic Supports to Build Connections With Our Students	Stockade 101
12:00 - 12:30 p.m.	Lunch on Your Own	
12:30 - 4:00 p.m.	New Student Orientation	

Institute Week
Monday, January 8 – Friday, January 12, 2024

Thursday, January 11

8:45 - 9:45 a.m.	**Employee Well-being** Revamping Self-Care	Stockade 101
10:00 - 11:30 a.m.	**Student Well-being** A.I. - Friend or Foe? Understanding and Using A.I. in Higher Education	Stockade 101
11:30 a.m. - 1:00 p.m.	Lunch on Your Own/ Prepare for Spring Semester	
1:00 - 3:00 p.m.	**Institutional Well-being** Using Turnitin to Improve Teaching *Please register in advance*	Stockade 101
3:00 - 4:00 p.m.	Division/School Meetings	
	• Business, Criminal Justice and Law	Elston 301
	• Hotel, Culinary Arts and Tourism	Elston 100
	• Liberal Arts	Elston 130
	• Math, Science, Technology and Health	Elston 240
	• Music	Music 215

Friday, January 12

9:00 - 9:55 a.m.	**Student Well-being** OER = Equity and Support	Stockade 101
10:00 - 11:00 a.m.	**Student Well-being** Student Success Through the Software Systems	Stockade 101
11:00 a.m. - 12:00 p.m.	Standing Committee Meetings	
	• Academic Policies Committee	Stockade 202
	• Curriculum Committee	Elston 245
	• Professional Policies, Nominations and Awards Committee	Elston 301
	• Community and Cultural Events Committee	Stockade 106
	• Student Affairs Committee	Elston 130
	• Justice, Equity, Diversity, and Inclusion Committee	Elston 240
12:00 - 4:00 p.m.	Lunch on Your Own/ Prepare for Spring Semester	

Session Descriptions

Monday, January 8

College-Wide Breakfast
Royals Dining Area   8:30-9:30 a.m.

Welcome/New Employee Introductions
Carl B. Taylor Auditorium   9:30-10:30 a.m.
- Dr. Steady Moono, President
- Ann Fleming Brown, Chair, Board of Trustees
- Paula Ohlhous, Executive Director for Human Resources

Community of Care Symposium: Cultivating a Culture of Intentional Inclusivity
Carl B. Taylor Auditorium   10:45 a.m.-4:00 p.m.

Tuesday, January 9

Middle States Update and Tri-Chairs Report
Stockade Building, Room 101   9:30-10:25 a.m.

The tri-chairs of the Self-Study offer an update, a general timeline, and a different lens to use this work as a way to celebrate SUNY Schenectady's efforts.
- Dr. Hope Sasway, Dean
- Cayla Gaworecki, Assistant Professor
- Mark Evans, Professor

Welcome to Well-being
Elston Hall, Lally Mohawk Room   10:30-11:30 a.m.

The Office of Human Resources begins the new year with a focus on Well-Being. In this session, we will highlight the many facets of well-being and resources available. This will be an interactive session designed to educate, inspire, and empower to make positive changes to enhance health and well-being and contribute towards creating a happier, thriving workforce and community.

Career Creative
Elston Hall, Room 222   11:35 a.m.-12:30 p.m.

Bring your ideas and questions for embedding career exploration and readiness into your coursework and work with Career Services staff during our open office hours to troubleshoot and brainstorm activities, assignments, or other creative ways of incorporating careers into your classroom. Can't make it during this time? Schedule a one-on-one by emailing jonesda@sunysccc.edu.

Using Watermark for Middle States and Program Reviews
Elston Hall, Room 130   11:35 a.m.-12:30 p.m.
The Middle States Leadership Committee will learn more about Watermark and the way it works with the Self-Study.

College-Wide Lunch
Elston Hall, Van Curler Room   12:30-2:00 p.m.

Opportunity Programs on Campus: How Do We Support Our Students?
Stockade Building, Room 101   2:00-2:55 p.m.
SUNY Schenectady has several opportunity programs that help future and current students succeed. Come find out about LPP, EOP, TRIO, and, our newest program, ASAP. Find out about their funding, how these programs are unique, and how you can support students in these programs.
- Mary Silvestri, Director of TRIO
- Melanie Uebele, Director of LPP
- Dr. Debbie Warnock, Director of EOP

Health Literacy: Understanding the Complexities of the Healthcare System
Stockade Building, Room 101   3:00-4:00 p.m.

This session will assist those in navigating the healthcare system, knowing the rights of the individual, and understanding the rules and guidelines of policies for families, students, and organizations.
- Carol Maimone, Assistant Professor

Adjunct Orientation
Microsoft Teams   4:30-6:30 p.m.

Topics include Starfish, Brightspace, Student Success, and general SUNY Schenectady guidelines from the Deans.

At 6 p.m., there will be a discussion of SEIU policies and information from the SEIU leadership.
- Division/School Deans
- Sean Collins, SEIU Representative
- Maria Farina, SEIU President

Wednesday, January 10

An Intro to Mindfulness
Stockade Building, Room 101   9:00-9:55 a.m.
Participants will learn the many benefits to practicing Mindfulness such as improved reasoning and memory, maintaining balance with work, school, relationships, and responsibilities, as well as increasing happiness and a sense of purpose while developing a healthier lifestyle. The workshop will equip participants with mindfulness tools such as progressive muscle relaxation, grounding exercises, mindful eating, deep breathing, mediation, guided imagery, gratitude, and much more.

How to Know When Something is Off
Stockade Building, Room 101   10:00-10:55 a.m.
This program will help to educate professors and College staff to notice when their students may be struggling at home or with mental health. We will go through warning signs, work to better understand behaviors, and learn ways to help out.
- Sean Mullen, Counselor I

Session Descriptions

Retention Project: Leveraging Academic and Non-Academic Supports to Build Connections with our Students
Stockade Building, Room 101   11:00-11:55 a.m.

The SUNY Schenectady Retention Project is modeled after successes from the City Colleges of Chicago. During Phase I of the project, committees identified how we can build our data capacity, enhance our communication strategy, and increase our connections with students. The project has now entered Phase II (implementation). This session will expand on the information what was shared during the Fall 2023 Institute Week.

- Mark Bessette, Assistant Dean for Financial Aid/Access and Title IX Coordinator

Lunch on Your Own   12:00-12:30 p.m.

New Student Orientation   12:30-4:00 p.m.

Thursday, January 11

Revamping Self-Care
Stockade Building, Room 101   8:45-9:45 a.m.

In the fast-paced and demanding world we live in, prioritizing self-care has never been more crucial. "Revamping Self-Care" is an immersive and empowering training program designed to equip individuals with the tools and knowledge needed to revamp their self-care practices, effectively combat burnout, and foster overall well-being. In this session, participants will learn what Self-Care is, its importance and how Self-Care enhances your overall outlook and well-being.

A.I. – Friend or Foe? Understanding and Using A.I. in Higher Education
Stockade Building, Room 101   10:00-11:30 a.m.

This session will be presented by Dr. James Hendler, Director of the Future of Computing Institute and the Tetherless World Professor of Computer, Web and Cognitive Sciences at RPI and Director of the RPI-IBM Artificial Intelligence Research Collaboration.

Lunch on Your Own   11:30 a.m.-1:00 p.m.

Using Turnitin to Improve Teaching
Stockade Building, Room 101   1:00-3:00 p.m.

Requested by faculty, this is a training of most efficient uses of this tool.

- How to best use the similarity report
- Special Grading and Feedback tools
- AI Writing and detection
- How to use Turnitin non-punitively

After a brief presentation, there will be a Q&A session.

Register in advance for this meeting:
https://turnitin.zoom.us/meeting/register/tJAsd-utqzkpHNcyaDHqY1yidnNMS6Ny7BEL

After registering, you will receive a confirmation email containing information about joining the meeting.

Division/School Meetings
BCJL: Elston Hall, Room 301   3:00-4:00 p.m.
HCAT: Elston Hall, Room 100
Liberal Arts: Elston Hall, Room 130
MSTH: Elston Hall, Room 240
Music: School of Music, Room 215

Friday, January 12

OER = Equity and Support
Stockade Building, Room 101   9:00-9:55 a.m.

The economic benefits of Open Educational Resources (OER) to students will be addressed. In addition to being assured students all have the textbook or materials to start a semester, having courses with multiple sections use OER resources can address some equity issues and provide support to struggling students.

- Jacquie Keleher, Director of Library Services

Student Success Through the Software Systems
Stockade Building, Room 101   10:00-11:00 a.m.

This is an interactive discussion with faculty and student supports staff to discuss and ask questions as to how you can impact student success through greater utilization of our software systems.

- Mary Silvestri, Director of TRIO
- Dr. Mark Meachem, Vice President of Academic Affairs

Standing Committee Meetings
      11:00 a.m.-12:00 p.m.

Academic Policies: Stockade Building, Room 202
Curriculum Committee: Elston Hall, Room 245
Professional Policies, Nominations and Awards Committee: Elston Hall, Room 301
Community and Cultural Events Committee: Stockade Building, Room 106
Student Affairs Committee: Elston Hall, Room 130
Justice, Equity, Diversity, and Inclusion Committee: Elston Hall, Room 240

Lunch on Your Own/ Prepare for the Spring Semester   12:00-4:00 p.m.