



BINNEKILL

Vol. XXXII No. 2

a monthly publication for students, faculty, staff and friends

March 7, 2016

Margolis Method's the thing

by Gianluca Russo, Paralegal major

When a Drama concentration was added to the Liberal Arts degree program in 2013, Assistant Professor Jonathan Beller (pictured) was soon hired, empowered with the goal to revamp the program and draw in a larger, broader group of interested students. To do so, he introduced a fairly new style of acting to the area; a style that is currently making its way across the nation and overseas to Europe. This style of acting is called the Margolis Method.



During the past 35 years, Kari Margolis, award-winning playwright and founder of the method, along with a group of talented theatre artists, have developed this type of acting training program based on the universal principles of physics and communication. Actors are trained in a manner quite similar to the way a runner, swimmer, or ballet dancer is trained, learning one's body and physicality.

“(The Margolis Method) is about taking all the mystery out of acting and empowering theatre artists (continued on page 6)



Words of advice - Robert J. Jones, Ph.D., the President of the University at Albany, and Daniel Pierce, Emergency Management major and President of the Student Government Association, will serve as the Keynote Speaker and Student Speaker respectively at this year's Commencement on Thursday, May 19, at 2 p.m. at Proctors.

Coach, player recount road to “Player of the Year” status

If you ask anyone who knows Morgan Sullivan's game, they'll tell you her signature move on the court is using her right hand on her left side. Moving with equal parts strength and grace, she goes up for a layup on her left side, ball in her left hand and switches it to her right hand for the point.

“When I play, I like the defender to not know what I'm going to do,” the shooting and point guard said. “They don't know if I'm going to shoot or drive, so, it's kind of like tricking my defender. I know how to get it so I can't get blocked.” Her consistent shooting, hustle on the court and transformation from her first year on the Royals Women's Basketball Team to this season have all paid off..big time.

Morgan was named All-Conference Player of the Year, voted upon by coaches in the conference, marking the first time a Royal has earned that distinction. She ended the season as the leading scorer for Region III, breaking the 1,000-point career barrier with 1,022. And, during a game last month, she broke regional and College records for most points during a single game with 43.

The road to Player of the Year status has meant two years of hard work, drills and Morgan putting her philosophy of growing at every turn, into practice. She's played the game since she was in third grade. “I just like to get better at it,” she said. Another advantage that might be daunting to

other teams? No bench. “With us having five players, we had to learn how to play a full game of basketball with no breaks,” she said. She and her teammates have impressed other teams, coaches, fans and anyone who's heard that they played all season with no relief players to trade in and out during a game.



Next up for the Business Administration major after she graduates in May is to play as a guard for

Division II College of Saint Rose this fall (her mother's alma mater). She'll be the first female athlete to go D2 out of the Royals basketball program and Head Coach Dayna Torino Newton is ecstatic. “Morgan worked extremely hard over the last two years,” Coach Newton said. “Her goal was to go D2 and all Assistant Coach Zoe Naylor and I did was to tell her what she needed to do and she put in all the work...Other teams knew she was the star and still couldn't stop her. It was a pleasure to coach such an amazing young lady.”

On the humble side, Morgan, a graduate of Burnt Hills High School who maintains a 3.8 GPA, credits her coaches, teammates and even the women on the opposite side of the court with helping her evolve into the standout she's become. “I attribute a lot of it to my coaches. They taught me new things I never knew and the competition helped a lot making me have to be better.”

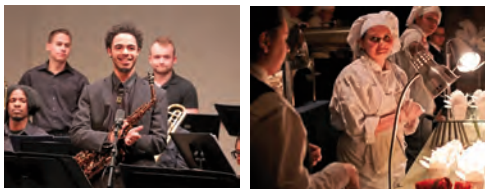
A warm welcome to new staff

Janet Danz joined the College as a Financial Aid Advisor. Previously, she worked as the part-time Educational Aide for the Financial Aid Office. Janet holds a bachelor's degree in Forensic Psychology from the College of Saint Rose.



Anne Matusiewicz joined the College as a part-time librarian. She is also a living historian and historical costumer concentrating on early New York State history. She holds an M.S.I.S. from the University at Albany and an M.A. in Medieval Studies.

Jalisa Williams is the College's new Executive Director for Human Resources. She is a human resources and administration management practitioner with more than a decade of experience in the field. Jalisa holds a Human Resources Management focused Master of Business Administration degree from The Sage Graduate Schools-The Sage Colleges of Albany.



The SCCC Foundation cordially invites you to the 25th Annual Food for Thought and All That Jazz

Tuesday, April 5, 2016

Honorary Co-Chairs Susan and Chet Watson

with special recognition of Professor Toby Strianese 1945-2015

*Tickets: \$75 - faculty, staff, alumni
\$100 - individual reservation*



Shown here are Bill Creighton, the new Head Coach of the Men's Baseball Team, and his son Billy Creighton, new Assistant Coach and an alumnus of SCCC. Billy was a standout pitcher while an SCCC Royal during the 2010 and 2011 seasons.

Father and son to lead the Royals

Bill Creighton joins the SCCC Athletic Department as Head Coach of the Men's Baseball Team. Coach Creighton has 20 years of experience coaching various teams and has been the Manager of the Capital City Kings the past 12 seasons.

He will be coaching alongside his son Billy Creighton, Assistant Coach, an alumnus of SCCC who was on the Royals as pitcher and catcher during the 2010 and 2011 seasons. Billy was first team All-American Pitcher during the 2011 season and after graduating from SCCC in 2011 with his degree in Liberal Arts, played two seasons at the University of North Carolina at Asheville in the Big South Conference. He also played professionally last season for the Watertown Bucks of the North Country Baseball League. "We are optimistic about the upcoming season," Coach Creighton said. "The guys have been working hard and I think we will surprise some teams."

Adjunct faculty member chosen for SUNY award

Congratulations to Stephen Tyson, Adjunct Faculty Member in the Division of Liberal Arts. Stephen is a recipient of the prestigious 2016 SUNY Chancellor's Awards for Excellence in Adjunct Teaching. The award recognizes consistently superior teaching at the graduate, undergraduate, or professional level.

Stephen, an accomplished artist, has been an Adjunct Faculty Member at SCCC since 2000, teaching art courses here and at other colleges including: Foundation Drawing, Foundation Design, Watercolors, Introduction to Drawing, Painting, African Art, African American Art and Modern Art, among others.

After completing an internship at Bronx Psychiatric Center, where he discovered and explored the healing power of art, and traveling to Africa twice as a Fulbright-Hays scholar, he incorporated concepts learned into his art courses.

Stephen has continually encouraged his students to grow as artists by having them participate in art shows. He curates shows, and initiated and curated the first SCCC Student Art Exhibition in Spring 2014, now an annual event at the College.

He has also connected his students with other venues on campus. For example, he recommended a

student to create an advertising poster for an SCCC theatrical production, two former students created murals next to the TRIO office on the third floor of Elston Hall and he enlisted a student to work with him in designing works of art for the Academic Studio in Begley Library.

Stephen holds an M. F. A. in Studio Art from the City College of New York and a B.F. A. in Studio Art from Manhattanville College.





Women's Bowling Team - Front row: Carly Boyfair, Julie Collins, Janelle Irwin, Deanna Lee Back row: Aliyah Liberatore, Morgan Ruggeri, Kasey Kosier, Jordan Byrnes
Men's Bowling Team: Corey Hommel, Michael Kamm, Billy McGaffin, Patrick Hoey, Justin Carl, Nick Peckowitz

Another national championship for bowling program

Congratulations to the Women's and Men's Bowling Teams. Both were victorious at the Region III Playoffs in Utica, N.Y., last month. This was the third consecutive championship win for the women and fourth consecutive for the men.

The women went on to be crowned NJCAA National Champions during competition late last month in Buffalo, N.Y. They were led by Jordan Byrnes and Janelle Irwin. This is their second national championship victory. The men's team, led by Justin Carl, finished third during the NJCAA National Championships. SCCC now has four NJCAA National Championships in bowling since 2013.

Both teams will next be traveling to Stratford, N.J., from March 10 through March 13 to compete in the four-year school sectional championships where the top four teams qualify for the USBC National Four-Year school Championships in Wichita, Kan. in April.

**Congratulate the Royals and Morgan Sullivan
 this Wednesday, March 9, 11:30 a.m.,
 Elston Hall Student Center**



Deryle McCann, of the Division of Student Affairs (back row, right), is pictured last semester with members of SCCC clubs at Spirit Day.

Clubs on campus

By Gianluca Russo

For some students at SCCC, their time spent here is limited to solely attending classes, getting help from professors, and finishing up work in the library or different specialty assistance labs. Did you know, however, that there are many different clubs and extracurricular activities offered at the College for students interested in art and writing to those who enjoy math and business?

Deryle McCann, Educational Aide in Student Affairs, has been working to raise school spirit over the past year. From organizing school-wide events including the Club Carnival and ugly sweater contest, to helping form more clubs for different interests, McCann hopes to raise student participation at SCCC. "I want them to be more involved, to learn more about each other's diversity, and to work together as a whole team because we are all one school," she said. "That is why we are so excited for all the events we have planned because we all can come together and see what each club is doing."

McCann, along with members of the Student Government As-

sociation (SGA), think that participation in school clubs and activities is essential for an uplifting and enjoyable college experience.

"It's a wonderful thing when (students) participate in clubs for the simple reason that it gives you a well-rounded education," she said. "You get to have that feeling of how you can be a part of something. It's one thing to go to school and get your education, because that is what it's really about first, but having a club or volunteering for something makes (school) so much more rewarding."

Make sure to keep an eye out for upcoming club and school spirit events. For a list of clubs, visit the College's homepage www.sunysccc.edu and click on the tab titled "Student Life." Don't see a club that interests you? No problem. Simply visit McCann in Student Affairs and tell her your new club idea. She will then further assist you in the club making process. Take the first step and join a club. You most certainly will not regret it!

Upcoming concerts with spring and music in the Air

Capital Region Wind Ensemble
Sunday, March 13, 3 p.m., Taylor Auditorium

Join CRWE for a literary inspired program featuring the *Overture to Candide*, by Leonard Bernstein and *Gandalf, The Wizard* from Johan De Meij's



Symphony No. 1, based on the J. R. R. Tolkien novel, *The Lord of the Rings*. Springfield Symphony Principal Hornist Lauren Winter joins the group to perform James Beckel's *The Glass Bead Game* based on the Hermann Hesse novel. General Admission: \$8, Non-SCCC students: \$6, SCCC students with ID are free.

Artist-in-Residence featuring guest Lisa Albrecht, trombone. Thursday, March 24, 7:30 p.m., Taylor Auditorium, free.

Chamber Music Series with Weilerstein Duo
Friday, March 25, 7:30 p.m., Taylor Auditorium, free.

The Chamber Series is pleased to present the return of the Weilerstein Duo. The Duo will perform the *Romantic Pieces* by Antonin Dvořák, the *Suite for Violin and Piano* by Henry Cowell, and sonatas for violin and piano by Sir Edward Elgar and Maurice Ravel.



EJO Jazz Master Series with guest artist, Rufus Reid, bass/composer. Tuesday, April 12, 8 p.m., Taylor Auditorium

The Empire Jazz Orchestra will perform Rufus Reid's Grammy-nominated composition *Quiet Pride*. Each of the five movements of *Quiet Pride* is based on one of artist Elizabeth Catlett's sculptures. Catlett is considered one of the great American artists of the 20th and 21st Centuries, with her work exploring numerous themes of the African-American experience. An art exhibit in the School of Music atrium, curated by Adjunct Faculty Member Stephen Tyson, will feature student work and limited-edition prints of Elizabeth Catlett. General Admission: \$20, Non-SCCC students: \$6, SCCC faculty/staff and Students with ID free. For tickets, please call the School of Music at 381-1231, ext. 2 or visit www.sunysccc/music.edu



SCCC Chamber Music Series with John Kamitsuka
Thursday, April 14, 7:30 p.m., Taylor Auditorium, free.

The Chamber Series welcomes back pianist John Kamitsuka, an audience favorite, to perform Bach's *Italian Concerto* and the monumental *Goldberg Variations*.



Musicians of Ma'alwyck, *That Sweet Dream I Sing*. Friday, April 22, 11:20 a.m., Taylor Auditorium, free. Featuring music of Henkel, Dotzauer, Hoffmann and others for violin, guitar and cello.

New EJO CD has national airplay, students in brass festival

Dr. William Meckley, Dean of the School of Music, produced and conducted the new CD release by the Empire Jazz Orchestra, *Out of the Mist*. The CD was recorded at the Vienna-Brignola Recording Studio at SCCC by Instructor Sten Isachsen. Members of the EJO include SCCC music alumni Bob Halek, Jon Bronk, and Keith Pray, as well as Adjunct Faculty Member Brian Patneau. *Out of the Mist* has received airplay on numerous regional jazz radio programs and has been featured on Public Radio International from Seattle and on National Public Radio in Louisiana.

In other music news, several School of Music students and faculty members participated in the Skidmore College Brass Festival with the NY Philharmonic Principal Brass Quintet last month.

They performed in master classes, rehearsed, attended a Q. and A. session, and performed Alfred Reed's *Symphony for Brass* on a concert alongside the quintet with approximately 80 brass players from around the Capital Region and beyond. Students who attended included trumpeters Jake DiMirra, Pete Fitzgerald, and Burke Herrick; trombonists Melody Utter and Alex Marro; euphonium player Alden Berry, and tubist Jason Darnell as well as Assistant Professor Dr. Allyson Keyser (trumpet) and Professor Brett Wery, who rehearsed and conducted the performance.

Humans of SCCC



Margaret Ketchen is a Paralegal major and a 2015 graduate of Scotia Glenville High School. “As a 17-year-old in college, I’m often left breaking social norms that would be infringed upon those older than myself. As I like to say, ‘Youth is nature’s way of properly aligning tradition.’ I’ve often risen, mentally and academically, above those within my own age, thus, better communicating with those a bit ahead of my age range. Though sometimes intimidating, I remind myself that while my expectations increase, my life is at my own pace, and the speed I run at is my own prerogative.”



Jodi Ashanna is a Culinary Arts major. “Ever since I was younger, I remember sitting in the kitchen, watching my grandmother cook, admiring her techniques. I have always seen myself doing the same thing and making people happy by cooking for them.”



Zach Portolano is a Culinary Arts major. “From sweet to savory, being artistic in the kitchen is probably the best thing for me. I definitely want to be a chef/food stylist/food photographer in the future. For any future culinary major, I would say that you need to have a good attitude because attitude will affect your altitude.”

Photos by Gianluca Russo, Paralegal major



Ashley Coyne is a Paralegal major and holds a B.A. in Political Science from the University at Albany. “I graduated from UAlbany in 2009 before taking the LSAT and scoring in the 87th percentile. Though law school has always been my goal, an opportunity was presented to me to ride horses professionally. As I was unsure about which life path to take, I thought about my favorite quote by Winston Churchill, in which he said, ‘No hour in life is lost that is spent riding a horse.’ Being an avid horse rider since the age of 5, I decided to push my law school dreams aside and to take this once-in-a-lifetime opportunity. I was able to compete nationally, traveling and riding horses for 45 weeks a year until last June. At that point, I decided it was time to go back to school and continue my law studies. I am so grateful for the opportunities that I have had thus far and can’t wait to see what the future holds after I graduate from SCCC.”



A. Unique Soule is a Liberal Arts: Drama Concentration major and part of the Student Theatre Ensemble. “I came to SCCC in search of completing my degree and venturing on a new career path. There wasn’t a dance option here, so I took the next best thing, Liberal Arts, with a Drama concentration. I was reluctant at first to become a Liberal Arts: Drama concentration major because I didn’t know where this major would take me. I’m excited about this journey and I only hope to impact the world with my training. I plan on getting my bachelor’s degree and working professionally as a dancer and an actress.”⁵

Margolis Method (continued from front page)

by breaking down how exactly you can train (your body) just like any other craft,” Margolis explained. “Acting has often been very esoteric and mysterious. So (this) method is a very concrete way for an actor to practice to become a great actor. The principle behind the method is that it trains artists that acting, directing, and playwriting are all a part of playing a great artist.”

Beller, whose grandparents were performers, grew up on the stage, leading him to pursue a degree in theatre and to work professionally at a handful of different companies. It was while at Arizona State University, pursuing his M.F.A. in Theatre, that he stumbled across a poster promoting a training program for the Margolis Method. After studying in New York, he became certified in the Margolis Method and when he began teaching at the College, he was determined to introduce students to this somewhat foreign acting method, different from the styles we see on many Broadway stages nowadays.

“I think that colleges and universities need

to be pushing the boundaries in the arts, testing out new theories, experimenting with new forms, and then sharing all that research with the world,” he said. “And I believe that some of the larger venues, even theatres such as Broadway, should be looking to the colleges for ideas for new work.”

So far, Beller’s attempts have paid off, according to theatre students. One of them, is Joy Roberts. “I am very adamant about the method,” she said enthusiastically. “I love it because as an actor, it is very empowering and encouraging. The method gives the actor tools to practice and emphasizes specificity. What is so encouraging about the method is that it is a set of skills that anyone can learn and practice.”



Emily DiCarlo, assistant to Beller and a recent graduate of SUNY New Paltz, has trained as an actor for several years.

There was something particularly intriguing about the Margolis Method that drew her interest. She explains, “When I attended SCCC and SUNY New Paltz, I was exposed to various acting methods...Just like watching and listening to a string orchestra, when you experience individuals embodying the skills cultivated from this specific method, whether you are performing or observing from the audience, instinctually you feel the rhythm and the song of each movement even if you don’t quite understand what or how in that moment.”

About the author

Gianluca Russo is a writer, performer, Zumba instructor, and Paralegal student at SCCC. He is a graduate of Guilderland



High School and is the founder of “Behind The Lights” (BehindTheLights.webs.com).



Helping those in need - This no-sew blanket, made by members of the Student Volunteer Organization (SVO) (shown above), could be yours. They’ll be raffling off the blanket and a spring fling basket on March 30 in the Student Commons. The proceeds will be used to purchase personal care items for individuals who will be guests at the City Mission of Schenectady dinner that will be prepared and served by SVO members. SVO meetings are held on Wednesdays, from 11:20 a.m. to 12:20 p.m. in Elston 234. Anyone is welcome.

Need to pick up a few credits?
SCCC offers three summer sessions.
Sessions I and II begin May 31.
Session III begins June 27.
Online registration for continuing students for summer and fall begins March 29.

Archaeology has new non-credit courses

Becoming Human, Wednesday evenings, starting March 23

Have you been reading about the new Homo naledi fossils found recently in South Africa? Is it true that Neanderthals and early humans interbred? Hanna Marie Pageau will focus on the theories about, and physical and genetic evidence for the bulk of what we know about our evolution over the past eight million years.

Heritage and Community, Saturday mornings, starting on March 26

Closer to home, Chris Hopkins will be exploring what heritage means, how history is constructed and the ethical questions and obstacles we must confront when creating a historical narrative. Examples will include Schenectady’s Stockade Historic District and other heritage sites.



“u r not alone.”

HOPELINE



Text: “hopeline”

To: 741741

Academic Advisement**Elston 222/381-1277**

| | |
|-----------|-----------------|
| Monday | 8:30 am-4:30 pm |
| Tuesday | 8:30 am-4:30 pm |
| Wednesday | 8:30 am-4:30 pm |
| Thursday | 8:30 am-6:30 pm |
| Friday | 8:30 am-4:30 pm |

Academic Computing Lab**Elston 529, 530/381-1213**

| | |
|-----------------|---------------|
| Monday-Thursday | 8:30 am-10 pm |
| Friday | 8:30 am-4 pm |
| Saturday | 9 am-3:30 pm |

Accounting/CIS Tutor Lab**Elston 330/381041**

Monday-Thursday 9 am-3 pm

ADA Transition Services**Elston 222/381-1345**

Monday-Friday 8:30 am-4:30 pm

Admissions**Stockade 120/381-1366**

Monday-Friday 8:30 am-4:30 pm

Albany Site**Second Floor, 112 State St., Albany 871-9079, Option 1**

Monday-Friday 8:30 am-4:30 pm
 Services: Classes, Financial Aid, COMPASS Testing, Advisement via Skype, Computer Lab, Photo IDs, Student Lounge and Study Areas

Athletics**Elston 222/381-1356**

Monday-Friday 8:30 am-4:30 pm

Begley Library/381-1235

Monday-Thursday 8 am – 9: pm
 Friday 8 am – 4:30 pm
 Saturday 11 am – 5 pm
 Closed Sundays

Business Office, Student**Elston 219/381-1346, 1347**

| | |
|-----------|-----------------|
| Monday | 8:30 am-4:15 pm |
| Tuesday | 8:30 am-4:15 pm |
| Wednesday | 8:30 am-4:15 pm |
| Thursday | 8:30 am-4:15 pm |
| Friday | 8:30 am-4:15 pm |

Canal Side Cafe/Convenience**Elston Ground Floor/381-1073**

| | |
|-----------------|------------|
| Monday-Thursday | 10 am-6 pm |
| Friday | 8 am-2 pm |

Career and Transfer Services**Elston 221-1/836-2807**

Monday-Friday 8:30 am-4:30 pm

The College Store**Elston 109/381-1332**

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|------------------|-----------|
| Monday-Wednesday | 8 am-6 pm |
| Thursday | 8 am-4 pm |
| Friday | 8 am-2 pm |

The Commons Elston/381-1330

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|-----------------|--------------|
| Monday-Thursday | 7:30 am-8 pm |
| Friday | 7:30 am-2 pm |

College Central Network

SCCC's career management system
www.sunysccc.edu/ces

Educational Opportunity Programs/Access**Elston 222/381-1279**

Monday-Friday 8:30 am-4:30 pm

Financial Aid**Elston 221/381-1352**

| | |
|-----------|-----------------|
| Monday | 8:30 am-4:30 pm |
| Tuesday | 8:30 am-4:30 pm |
| Wednesday | 8:30 am-4:30 pm |
| Thursday | 8:30 am-6:30 pm |
| Friday | 8:30 am-4:30 pm |

Gateway Montessori**Gateway 124/381-1455, 381-1295**

Monday-Friday 9 am-11:30 am
 (Call for program information.)

Language Lab**Elston 520/381-1373**

See lab for hours.

Learning Center Writing Lab**Elston 523/381-1246**

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|-----------------|--------------|
| Monday-Thursday | 8:30 am-7 pm |
| Friday | 8:30 am-4 pm |
| Saturday | 10 am-3 pm |

Math Lab Elston 518/381-1435

| | |
|-----------------|--------------|
| Monday-Thursday | 8:30 am-7 pm |
| Friday | 8:30 am-4 pm |
| Saturday | 10 am-3 pm |

Registrar's Office**Elston 212/215****381-1348, 381-1349/ext. 1148**

| | |
|-----------|-----------------|
| Monday | 8:30 am-4:30 pm |
| Tuesday | 8:30 am-4:30 pm |
| Wednesday | 8:30 am-4:30 pm |
| Thursday | 8:30 am-6:30 pm |
| Friday | 8:30 am-4:30 pm |

Student Affairs, Vice President**Elston 222/381-1344**

Monday-Friday 8:30 am-4:30 pm

Student Government**Elston 220H/381-1338**

By appointment or walk-in

Testing Center**Elston 427/381-1293****TestingCenter@sunysccc.edu**

| | |
|-----------------|-----------------|
| Monday-Thursday | 8:30 am to 7 pm |
| Friday | 8:30 am-3 pm |
| Saturday | 10 am-2 pm |

TRIO Student Support**Services Elston 328/381-1465**

Monday-Friday 8:30 am-4:30 pm

Tutor Services**Begley Library 210/381-1461**

Monday-Friday 8:30 am-4:30 pm

Veterans Affairs**Elston 223/381-1284**

Open daily. See office for hours.

Wellness and Support Services**Elston 222/381-1365**

Monday-Friday 8:30 am-4:30 pm

Workforce Development**Kindl Bldg., 201 State St.****595-1101, ext. 3**

Monday-Friday 8:30 am-4:30 pm

YWCA Children's Center**Gateway Bldg./381-1375/381-1389**

Monday-Friday 7:30 am-5:30 pm

NOTE: No evening hours on
 Thursday, March 17.