

To: SCCC Returning and New Student-Athletes

From: Dave Gonzalez, Athletic Director

Date: August, 2013

Re: Requirements for participation in intercollegiate athletics for the 2013-2014 school year

First of all, I would like to welcome back our returning student-athletes from last year and this year's new student-athletes to the college. We look forward to another successful year on the playing venues and most importantly in the classroom. But before any of you can play in the upcoming school year, you must get a physical. Since we do not have a health center on campus that can give physicals, you must go to your own doctor to get one. I am enclosing the form that you need to use for the physical. You need to fill out the front (medical history) and have your doctor fill out the back which is the actual physical. The doctor **MUST** also check yes or no as to whether you are physically able to participate in unlimited physical activity and/ or other sports in the intercollegiate athletic program on the back of the form. You **CAN NOT** practice otherwise.

If you do not have your own doctor, you can contact the following group that gives sports physicals:

Eastern Medical Support  
2630 River Front Center  
Amsterdam, N.Y. 12010  
518 843-6860

After you have completed the physical, please send it to:

Dave Gonzalez, Athletic Director  
Schenectady County Community College  
78 Washington Ave.  
Schenectady, N.Y. 12305

If you are a part-time student (11 credits or less), you need to get Accident Medical Insurance. You can do so when you pay your tuition bill. Ask to fill out the enrollment form for the Student Accident and Sickness Insurance Plan at the Business Office when you pay your bill. It is only \$4.00 for the school year but provides coverage for you if you

get hurt. Without this coverage PART-TIME students can not participate in athletics. I will check with the business office to see if you enrolled in it before practices start on Tuesday, Sept. 3rd.

Lastly, I am listing our head coaches names, the sport they coach, phone numbers, e-mail addresses and their first day of practice- if not listed, it will be announced at the Student-Athlete Orientation on Wednesday, Sept. 4<sup>th</sup> at 3:30 p.m. in the Stockade Building on the first floor-Lecture Hall 101- the building is located in the middle of the campus and the lecture hall is located right across from the Admissions Office. Feel free to contact any of the coaches or me if you have questions of us. You will receive a second letter from me about the orientation at the end of August. Have a good summer and work on your game- the summer is the best time to improve!!

Athletic Director: Dave Gonzalez, (518) 381-1356 or [gonzaldm@sunysccc.edu](mailto:gonzaldm@sunysccc.edu) if any questions.

Coach	Sport	Phone # and e-mail address	First day of practice
Tim Andi	Men's Baseball	(518) 462-7600 ext. 163 <a href="mailto:tima@capreg.org">tima@capreg.org</a>	Tuesday, Sept.3 at 4:00 p.m. at "B" diamond in Central Park.
Ray Ross	Men's & Women's Bowling	(518) 381-1289 <a href="mailto:rossrd@sunysccc.edu">rossrd@sunysccc.edu</a>	Announced on Sept.4 at orientation
Mike Naylor	Men's Basketball	(518) 368-4970 <a href="mailto:MNaylor@nycap.rr.com">MNaylor@nycap.rr.com</a>	Announced on Sept 4. at orientation
Dayna Torino	Women's Basketball	(518) 221-7723 <a href="mailto:coachd710@hotmail.com">coachd710@hotmail.com</a>	Announced on Sept.4 at orientation
Cody Rule	Women's Crew	(518) 365-9461 <a href="mailto:Codyj14verizon.net">Codyj14verizon.net</a>	Announced on Sept.4 at orientation