

## **Butternut Squash Soup**

Shallot 1

Garlic 1 clove

Butternut Squash 1, peeled, seeded, cubed

Chicken Stock 2 cups
Apple Cider ¾ cup
Light Sour Cream ¼ cup

**Cranberry Catsup** 

## Method

- 1. In a medium saucepan over low heat, sauté shallots and garlic in a little water, being careful not to burn.
- 2. Add squash and chicken stock and cook until soft enough to blend. Pour into blender container and blend until smooth.
- 3. Add cider and sour cream and continue to process until well mixed.
- 4. Divide soup among 4 soup plates. With a squirt bottle filled with cranberry catsup, apply 8 dots of catsup in a circular pattern approximately 1 inch from the brim of the soup plate. With a toothpick, pull the dots to make a circular pattern of hearts in the soup.

## **Cranberry Catsup**

Cranberries 1 cup
Onion ¼ cup
Water ¼ cup

Apple juice concentrate 3 Tbsp, thawed

Distilled white vinegar ¼ cup
Ground cloves ¼ tsp
Ground cinnamon ¼ tsp
Ground allspice ¼ tsp
Salt ¼ tsp
White pepper ¼ tsp

## Method

- 1. Combine cranberries, onions and water in a small pot over medium heat. Bring to a boil and turn down to a simmer. Cook until tender, stirring frequently.
- 2. Pour into food processor bowl fitted with a steel knife and process until smooth.

