



New York State Local Retirement System Benefit Information Services

- ✓ Estimate your pension
- ✓ Help maximize your benefit
- ✓ Assist in planning for retirement
- ✓ Answer your pension related questions

You may reach NYSLRS staff by:

Our Toll Free Phone Number:



1-866-805-0990

Email:



https://www.osc.state.ny.us/ retire/contact_us/

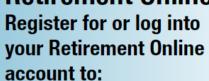
Click on "How to Reach Us"

Mail: NYSLRS 110 State Street Albany, NY 12244



Time sensitive documents should be sent by Certified mail. The postmark date will be accepted as the receipt date.

Retirement Online:





- Review your benefit
- File for retirement
- Update your information